

# Omega 3 DHA Vegan

## Vegan solution for improved omega-3 supply

Dietary Supplement



### Omega-3 fatty acids from sustainable microalgae cultures

Global overfishing presents an ever-increasing problem, as fish stocks will decline in the mid-term and this important food source can therefore not be developed sustainably. Although aquaculture offers an alternative, this is often linked with the contamination and destruction of sensitive ecological areas. Since wild fish accumulate eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) through the consumption of marine algae, the cultivation of these algae represents a more expedient and more sustainable way of ensuring the supply of omega-3 fatty acids.

### Biogena Omega 3 DHA Vegan – what is it?

The DHA contained in Biogena Omega 3 DHA Vegan originates from the microalga *Schizochytrium sp.* and offers vegans and vegetarians a high-quality alternative to animal-based food sources. DHA serves the body as a building block and plays a role in different body functions. An optimal DHA supply provides an array of benefits for human health and well-being.\*\*

### Omega 3 DHA Vegan

- Contains vegan DHA from the microalga *Schizochytrium sp.*
- Supports cognitive health and the maintenance of visual function\*\*
- Promotes healthy lipid metabolism and supports cardiovascular health\*\*
- Supports joint health\*\*

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

### Dietary Considerations:

- Vegan
- Vegetarian
- Gluten-free
- Lactose-free
- Egg-free
- Dairy/milk-free
- Casein-free
- Soy-free
- Peanut-free
- Tree nut-free
- Wheat-free
- Shellfish-free
- Fish-free
- Salt-free
- Free of artificial colors or flavors
- Preservative-free
- Not genetically engineered

### Suggested Use:

1 capsule per day taken with a meal and plenty of liquid.

Warning: If you are pregnant or nursing, or taking prescription medications, consult your healthcare provider before taking this product ([www.biogena-usa.com/warnings](http://www.biogena-usa.com/warnings)).

### Supplement Facts

Serving Size 1 Capsule

	Amount per Serving		% Daily Value
Calories	6		
Calories from fat	6		
Total fat	0.626 g	<1%**	
Vitamin E (as D-alpha tocopherol)	8 mg	53%	
Algal oil (from <i>Schizochytrium sp.</i> )	626 mg		*
providing: DHA (docosahexaenoic acid)	250 mg		*

\* Daily Value not established.

**Other ingredients:** sunflower oil, capsule shell: modified corn starch, glycerin, carrageenan.

Store in a cool, dry place. Keep out of reach of children.

**BIOGENA USA Inc.**

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