

# Cardio Support Q10 GOLD

Powerful and protective solution for cardio health\*\*

Dietary Supplement



## Cardio Support Q10 GOLD – what is it?

Cardio Support Q10 GOLD is designed to support the health of blood vessels and overall heart and vascular health. The formula combines coenzyme Q10 from the global market leader Kaneka, with proanthocyanidins from French maritime pine bark extract (Pycnogenol®) and grape seed extract in combination with the two radical scavengers vitamin C and E and the heart vitamin B<sub>1</sub>. From approximately age 30, our body's ability to produce CoQ10 diminishes significantly.

Coenzyme Q10 is a key substance for the energy metabolism, acts as an antioxidant and supports heart muscle function. The vitamins C and E are powerful antioxidants and free radical scavengers. Vitamin C is additionally involved in the formation and maintenance of collagen and thus supports vascular integrity. Pycnogenol® provides a potent blend of antioxidants and stimulates generation of collagen. It helps maintain healthy blood circulation by supporting relaxation of arteries, the blood flow and blood pressure. Furthermore, Pycnogenol® support vascular integrity and function, while vitamin B<sub>1</sub> (thiamine) contributes to maintaining heart function.\*\*

## Pine bark and grape seed extracts: Active ingredients from nature

The pine tree (*Pinus pinaster*), also known as the maritime pine or Bordeaux pine, is native to the Atlantic coast of France and can grow to be 300 years old. As early as the 4<sup>th</sup> century, the ancient Greek Hippocrates already appreciated the bark of this tree – and Hippocrates also saw more than just the truth in grape wine. Nowadays, we know that pine bark extract is especially rich in the valuable plant substances "proanthocyanidins" and "polyphenols". The targeted intake of pine bark extract protects the vascular walls and supports healthy blood circulation.\*\*

## Pycnogenol® – It's worth paying attention to quality

Pycnogenol® is a 100% natural pine bark extract with a standardized quantity of proanthocyanidins. This patented raw material is unique in many respects:

### Unique source

Pycnogenol® is obtained from the bark of maritime pines (*Pinus pinaster*), which thrive in "Les Landes de Gascogne", a forested area in southwest France. In this unpolluted, natural habitat, it is possible for maritime pines to grow free from pesticides and herbicides. The premium quality of the ingredients contained in Pycnogenol® remains constant due to the bark not being subject to seasonal fluctuations, unlike that of other plants. Pycnogenol® extraction is patented, is performed without the use of toxic solvents, and is subject to the highest quality standards.

### Unique composition

Pycnogenol® is a natural mixture of active ingredients with a constant amount of proanthocyanidins, bioflavonoids and organic acids, which offers multiple health benefits. Pine bark extract is a potent hydroxyl and superoxide radical scavenger. This unique composition also protects the vascular walls, supports healthy blood circulation and improves cognitive function.\*\*

### Unique science

For over 40 years, Horphag, the manufacturer of Pycnogenol®, has been working on the properties, safety and quality of the extract. To date, more than 130 clinical studies have been performed on, and more than 300 scientific publications INFORMATION written about, pine bark extract. Pycnogenol® is protected by a number of U.S. and international patents. Furthermore, the raw material is certified as kosher and halal.

**BIOGENA USA Inc.**

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GOOD HEALTH FOR ME

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- The heart formula - with valuable Pycnogenol® and with vitamin B1 for maintaining heart function \*\*
- Heart and circulation: Helps maintain healthy blood circulation, blood flow and blood pressure\*\*
- Vascular health: Supports vascular integrity and promotes microcirculation in the capillary vessels such as in the brain\*\*
- Antioxidant support: To increase the intake of powerful antioxidants

\*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Dietary Considerations:

- Vegan
- Vegetarian
- Gluten-free
- Lactose-free
- Egg-free
- Dairy/milk-free
- Casein-free
- Peanut-free
- Tree nut-free
- Wheat-free
- Shellfish-free
- Fish-free
- Salt-free
- Free of artificial colors or flavors
- Preservative-free
- Not genetically engineered

## Suggested Use:

1 capsule per day taken with a meal and plenty of liquid.

Warning: If you have an allergy to **soybeans**, you should not use this product. If you are pregnant or nursing, or taking prescription medications, consult your healthcare provider before taking this product.

Supplement Facts		
Serving Size 1 Capsule		
	Amount per Serving	% Daily Value
Vitamin C (from amla and acerola fruit extracts)	50 mg	56%
Vitamin E (as D-alpha-tocopheryl acetate from <b>soybeans</b> )	16 mg	107%
Thiamin (as thiamin mononitrate)	2.2 mg	183%
Grape seed extract	100 mg	*
Pine bark extract (from French maritime <i>Pinus pinaster</i> )	50 mg	*
Coenzyme Q10 (Kaneka Q10™)	60 mg	*

\*Daily Value not established.

**Other ingredients:** hydroxypropylmethylcellulose (vegetable capsule shell, Vcaps Plus®), microcrystalline cellulose, mannitol.

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Pycnogenol® is a registered trademark of Horphag Research Ltd. Use of this product may be protected by one or more U.S. patents and other international patents.

Store in a cool, dry place. Keep out of reach of children.

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